The University of Tulsa Self Disclosure Agreement

I, _____ have voluntarily disclosed that I have a substance abuse problem. I understand that by doing this I am seeking help to stop the problem. Also by self-disclosing I understand that I am required to submit to a urine test to determine substance levels only. This initial test will not be counted as a violation of the University of Tulsa Drug Policy (UTDP). In addition to this initial urine test I also understand that I will be tested bi monthly. If any of these additional tests show a continued usage I understand it would constitute a violation under the UTDP.

It is also my understanding that my attendance at counseling sessions is a mandatory part of this self-disclosure. I will attend all counseling sessions and any other treatments determined to be necessary by the professional counselors involved with the UTDP, if I refuse or do not attend the counseling that will be considered a violation of the UTDP.

The act of self-disclosure can only occur one time during your collegiate career. At the time the professional counselor determines that you no longer need treatment you will still be subject to the UTDP protocol for the remainder of your eligibility. If you need another copy of the UTDP you can obtain one by asking an athletic trainer at any time.

Printed Name & Signature

Witness Name & Signature

Today's Date