# UNIVERSITY OF MARYLAND SPORTS MEDICINE DEPARTMENT

In order for University of Maryland, College Park alumni (those who earned degrees but did not necessarily exhaust eligibility) or former UMCP student-athletes to be cleared to participate in team practice activities on an occasional basis, the following procedures must be followed:

1. Members of the coaching staff must communicate their intentions to have individuals participate in a team's practice activity in writing to the Senior Associate Athletic Director- Compliance and/or his/her designee and the athletic trainer responsible for their sport and/or the Assistant Athletic Director- Sports Medicine.

2. Once written approval has been received from the Compliance Office, the coach may proceed with the process to have the individuals medically cleared to participate in the team's practice activity.

3. The following items must be completed and on file in the University of Maryland Sports Medicine Department before the individual is cleared to participate in any practice activities:
    a. Written approval from the Compliance Office.
    b. A letter from a physician stating that the prospective participant is medically cleared to participate in the activity.
    c. A signed Assumption of Risk Release Waiver.

4. No member of the University of Maryland Department of Intercollegiate Athletics will permit UMCP alumni or former UMCP student-athlete to participate if he/she has not completed the aforementioned procedures.