UNCG Athletic Training Game Day Protocol

Athletic Training Room

1. The UNCG Athletic Training Room will be open for home team, visiting team(s), and officials at least two hours prior to the start of an athletic event.

2. The modalities available in the UNCG Athletic Training Room are as follows:
    a. Moist Hot Pack
    b. Cold / Ice Pack
    c. Warm / Cold Whirlpool
    d. Electrical Stimulation
    e. Ultrasound
    f. Paraffin Bath

3. The Athletic Training Room shall remain open and accessible for approximately 30 minutes following the conclusion of all contests.

Game / Field / Court Set-up

The competition setting shall be set-up at least one hour prior to the start of the event. The home bench shall have a vacuum splint bag and Automated External Defibrillator (AED) in case of emergency. Individual sports shall be accommodated as follows:

1. **Baseball, Softball, Basketball, Soccer, Wrestling, Volleyball**
   Each bench shall be supplied with 10 gallons of water, 2 sleeves (100) of cups, towels, a blood spill kit, and a cooler of injury ice and bags.
2. **Tennis**
   One centrally located cart shall contain 10 gallons of water, a sleeve (50) of cups, towels, a blood spill kit, and a chest of injury ice and bags. Each two courts shall have 5 gallons of water and cups between them.

Locker Room Set-up

The visiting team locker room shall contain 5 gallons of water, a sleeve (50) of cups, a small hydrocollator with 4 hot packs and covers, and a chest of injury ice and bags.

Athlete / Official Injury Protocol

A UNCG Certified Athletic Trainer (ATC) is present at all official contests involving UNCG athletic teams. If a participant of the contest shall be injured during the course of competition, the UNCG ATC shall coordinate all care as follows:

1. **UNCG Athlete Injured**

a. UNCG ATC assesses injury and determines if an emergency situation exists
b. UNCG Injury Protocol activated*

2. **Visiting Team Athlete Injured**
    a. Visiting Team ATC assesses injury and determines if an emergency situation exists
    b. Visiting Team ATC communicates needs to UNCG ATC
    c. If the Visiting team does not have an ATC present, UNCG protocol activated
3. **Official Injured**
    a. UNCG ATC assesses injury and determines if an emergency situation exists
    b. UNCG Injury Protocol activated*

Physician Coverage

UNCG Athletics shall have physician accessibility for all contests. UNCG Team Physicians shall be present for all Men's and Women's Soccer and Men's and Women's Basketball games. For all other contests hosted by UNCG Athletics, the UNCG Team Physicians shall be on call at the following numbers:

1. **Piedmont Orthopedics (Drs. Dean, Duda, and Yates) – 275-0927**
2. **Piedmont Family Medicine (Internal Medicine – Dr. John Lalonde) – 373-5261**

*UNCG Emergency Procedures Protocol

On-Field/On-Court Emergency at UNCG (Life or Limb Threatening)

1. Send Assisting Athletic Trainer or Assistant coach to notify Campus Police/EMS Immediately
2. Campus Police (4-4444 / Push Emergency Call Button on call Box / Push Button on Speaker)
3. Stabilize athlete as best as possible (Keep them calm & stay with them)
4. **DO NOT MOVE ATHLETE**
5. Assess ABC's
6. Perform Necessary 1st aid / CPR / AED
7. Maintain Airway & assess LOC and vital signs
8. Monitor until help arrives
9. Notify Head Athletic Trainer ASAP (If Head ATC not available, then Asst./ Graduate Asst.)
10. Staff ATC Notifies Parents

Athlete injured in Game / Practice On Campus

1. Evaluate Severity of Injury
2. Notify Supervising ATC or Staff Athletic Trainer, if possible
3. Supervising ATC Notifies Team Physician if warranted
4. If transporting to ER, take Insurance sheet if available
5. Team Physician meets UNCG representative at ER
6. Notify Head Athletic Trainer ASAP (If Head ATC not available, then Asst./ Graduate Asst.)
7. Staff ATC Notifies Parents

Athlete injured in UNCG Hosted Game / Practice Off Campus

1. Evaluate Severity of Injury
2. Notify Supervising ATC or Staff Athletic Trainer, if possible
3. Transport to nearest ER, if necessary (Take insurance sheet if possible)
4. Contact Head Athletic Trainer ASAP (If Head ATC not available, then Asst./ Graduate Asst.)
5. Ask that Team Physicians be notified by ER staff
6. Staff ATC Notifies parents if necessary