UNIVERSITY OF MARYLAND SPORTS MEDICINE DEPARTMENT

Athletic Teams Traveling Without A Certified Athletic Trainer

The policy of the University of Maryland Sports Medicine Department for athletic teams traveling to games / contests without the services of a University of Maryland certified athletic trainer will be:

Communication-

- University of Maryland Sports Medicine Department personnel should communicate with the Head Coach of the sport at least one (1) week in advance regarding the team's itinerary and scope of coverage for the team during the trip.

- University of Maryland Sports Medicine Department personnel should also communicate with the Host Athletic Trainer at least one (1) week in advance regarding the team's itinerary and scope of coverage for the team during the trip.
    - Communication with the Host Athletic Trainer should primarily take place via telephone, but may also include email and/or fax communication.

- University of Maryland Sports Medicine Department personnel should complete the following forms-
    - ***Host Athletic Trainer Information Sheet-***
        - Should be completed and faxed to the Host Athletic Trainer 24 – 48 hours before the team departs
        - Give original to the Head Coach for him/her to take with the team
        - Make one (1) copy of the form for Sports Medicine Department files

    - ***Visiting Student-Athlete Treatment Consent Form-***
        - Should be completed for every student-athlete needing any form of taping / wrapping, treatment, and/or rehabilitation while traveling
        - Fax completed forms to the Host Athletic Trainer 24 – 48 hours before the team departs
        - Give original form(s) to the Head Coach for him/her to take with the team
        - Make one (1) copy of the form(s) and place in the student-athlete's medical folder

- If needed, University of Maryland Sports Medicine Department personnel should speak with the Host Athletic Trainer in advance to explain any abnormal taping, treatment, and/or rehabilitation protocols.

- If needed, University of Maryland Sports Medicine Department personnel should send a thank-you note / email for any services rendered.

Equipment & Supplies-

- University of Maryland Sports Medicine Department personnel shall supply a University of Maryland athletic team (head coach and/or his/her designee) with the following, at a minimum, when the athletic team will be traveling to an away game / contest without the services of a University of Maryland certified athletic trainer:
    a) Student-athlete emergency information forms;
    b) Student-athlete insurance information;
    c) University of Maryland Sports Medicine Directory;
    d) Copies of the University of Maryland Sideline Procedures, Emergency Plan, & Catastrophic Injury Plan for away games / contests;
    e) Copy of completed Host Athletic Trainer Information Sheet;
    f) Copies of completed Visiting Student Athlete Treatment Consent Form; and
    g) Athletic training kit containing a CPR mask, basic first aid supplies *(e.g. gloves, gauze, biohazard items, etc.)* and adequate amounts of tape and taping supplies, ice bags, and ice bag wrap.

- The aforementioned supplies / paperwork will be given to the head coach and/or his/her designee a minimum of 24 hours before the team's scheduled departure.

- It is the responsibility of the head coach and/or his/her designee to return the aforementioned supplies to the University of Maryland Sports Medicine Department personnel that oversees the sport within 48 hours of the athletic team's return to the University of Maryland campus for re-stocking.

Medications-

For liability reasons, the University of Maryland Sports Medicine Department **WILL NOT** supply an inventory of prescription and/or over-the-counter medications for athletic teams traveling without the services of a University of Maryland certified athletic trainer. Student-athletes in need of medication should contact the Host Athletic Trainer and/or a local pharmacist.

Emergency Plan-

The University of Maryland Sports Medicine Department's Sideline Procedures, Emergency Plan, and Catastrophic Injury Plan for away practices / games / contests should be followed at all times. Additionally, the University of Maryland's Lightning / Severe Weather Plan should be followed when a Host Athletic Trainer is not available *(e.g. practices, neutral site games / tournaments, recreational / leisure outings, etc.)*

Return to Play-

The head coach of the University of Maryland athletic team, in consultation with the host certified athletic trainer and the host team physician (if applicable) shall have the final authority in determining if and when an injured / ill University of Maryland student-athlete may return to practice and/or competition when an athletic team is without the services of a University of Maryland certified athletic trainer.