# Building Relationships

- An Approach to Promote a Positive Working Relationship Between Athletic Training Education Programs and Intercollegiate Athletics

# Building Relationships

- Team Effort
  - Department/College Chair
  - Director of Athletics
  - Program Directors
  - Clinical Coordinators
  - Team Physicians
  - Head Athletic Trainer
  - Assistant Athletic Trainer
  - Graduate Assistants
  - Coaches
  - Other Allied Health Professionals

# Building Relationships

- Head ATC responsibility to educate AD/Coaches on purpose of athletic training students.
  - Learning environment
  - Hands on experience
  - Hours
  - Not slave labor
  - FB: don’t need an ATS at each position
  - Role of team physicians with respect to accreditation

# Building Relationships

- Program Director's responsibility to educate ATS on "grunt work"
  - Cleaning: prevention of communicable disease
  - Hydration: ATC's responsibility not managerial staff
    - Physiological/metabolic function

# Building Relationships

- "Grunt Work"
  - Athletic ATC's must lead by example
    - Assist with cleaning
    - Assist with hydration
    - Never beyond any task

# Building Relationships

- Athletic ATC: Understand and agree with goals of curriculum programs
  - Be an active ACI
  - Preparing ATS for the “real world”
  - Assign ATS schedule
  - Teach: Communicate to students during “teaching moments”
  - Allow Hands on experience
  - Students are not there to do your work
  - Don’t over schedule:
    - 6 FB students: 2 days/week
    - Approx. 20 hrs/week

# Building Relationships

- Program Directors/Clinical Coordinators understand and agree with goals of athletic department ATC's
  - Service student-athletes
  - Administrative duties
  - Clinical Instructor
  - Accept we may do things without current research

# Building Relationships

- Team Physicians Involvement
  - Guest lectures
  - ATS office and/or athletic training room observations
  - Surgery observations
  - Curriculum development

# Building Relationships

- Relationship Busters: Athletic ATC
  - Overwork students
  - No teaching
  - Slave labor
  - No team physician involvement
  - No hands on experience

# Building Relationships

- Relationship Busters: Curriculum ATC's
  - Rigid
  - Don't allow input from athletic ATC's
  - ACI's not involved in curriculum development/changes
  - Do not accept alternate treatment methods
    - More than one way to "skin a cat"

# Building Relationships

- Differences of opinions
  - Philosophy: tx/management issues
  - Teach students they are developing their own philosophies
  - Respect each other opinions
  - Never say-”well their wrong!”

# Building Relationships

- Athletic ATC ideas to promote relationship:
  - ACI priority
  - Open to opinions/suggestion of curriculum
  - Involve yourself with curriculum development
  - Involve yourself with other faculty
  - Involve full-time staff/GA's with research
  - COMMUNICATE!!!!!

# Building Relationships

- Curriculum ATC ideas to promote relationship:
  - Involve athletic ATC's in curriculum
  - Promote different techniques performed by ACI assists the quality of learning for ATS.
  - Promote hour limitation is minimum standard.
  - Flexible with regard to 20 hours/week.
  - Promote "grunt work" a necessary part of the job.

# Building Relationships

- Questions/Comments
- Thank You!