

Western Kentucky University Athletics
Cold Weather Policy for Outdoor Practices and Conditioning (2/07)

1. If the temperature or wind chill is above 30 degrees F teams are allowed to practice or condition outside with appropriate clothing.
2. If the temperature or wind chill is 30 to 25 degrees F then teams are allowed to practice or condition outside with appropriate clothing but are limited to 45 minutes or must come inside to warm up every 45 minutes for 10 minutes.
3. If the temperature or wind chill is 25 to 15 degrees F then teams are allowed to practice or condition outside with appropriate clothing but are limited to 30 minutes or must come inside to warm up every 30 minutes for 10 minutes.
4. If the temperature or wind chill is below 15 degrees teams must work out indoors or at a warmer time of the day.

The temperature, wind speed and wind chill will be monitored by the Athletic Trainers, coaches and facilities staff utilizing our Weather Sentry program or the National Weather Service or Weather.com.

Decisions on Games and Matches will continue to be handled as in the past.