



Pre-Participation Exams


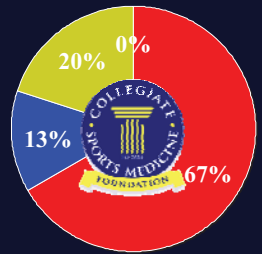



Legislative History of PPE

- Pre 2003 – Recommendation
- 2003 – Rule Change Modifying Football Preseason which includes requiring a PPE / medical screening prior to any participation
- 2007 – Requirement for PPE / medical screening for all student athletes beginning their initial season of eligibility
- 2010 – PPE to include as recommendation:
 - SCT
 - Concussion

Who provides your PPEs?

1. Team Physician
2. Family Physician
3. Student Health
4. Other

Team Phys... Family Phy... Student He... Other

Frequency

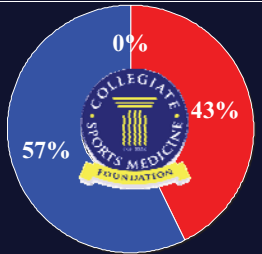
- Entrance into Program?
- Annual
- Every Other with screening follow-up

PPE Work Group: On entrance with annual review, including follow of old conditions (asthma, diabetes, concussion) as well as recent illness and injury.

Exit Physicals / Assessments - ???

How Frequent do you Require / Provide a PPE?

1. Annually
2. Entrance to Program
3. Every Other Year



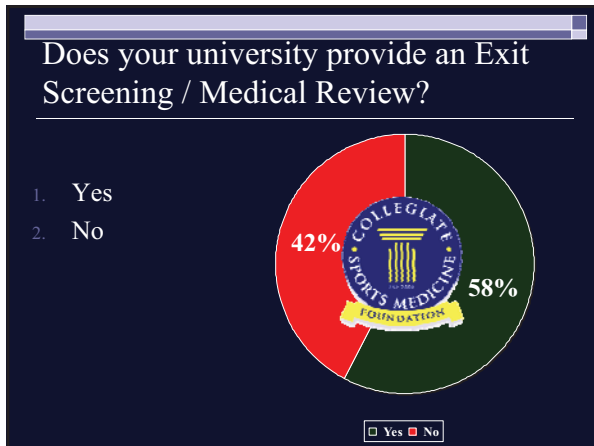
Annually Entrance t... Every Othe...

Do you provide a "Recruiting PPE" for any sport?

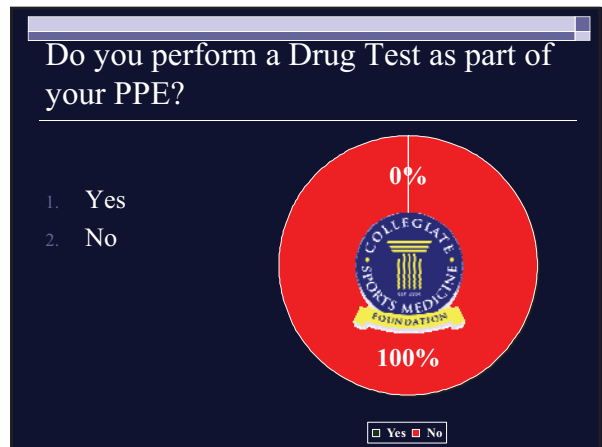
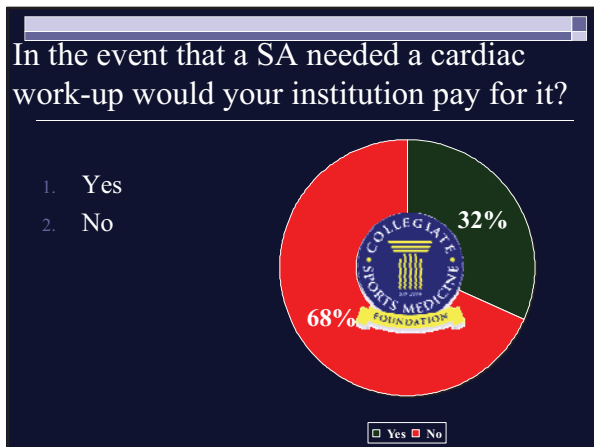
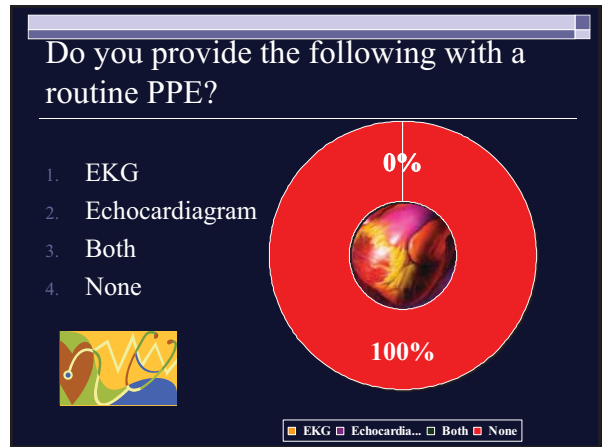
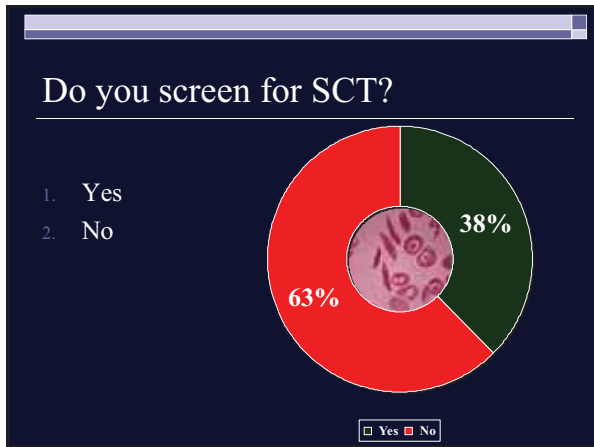
1. Yes
2. No

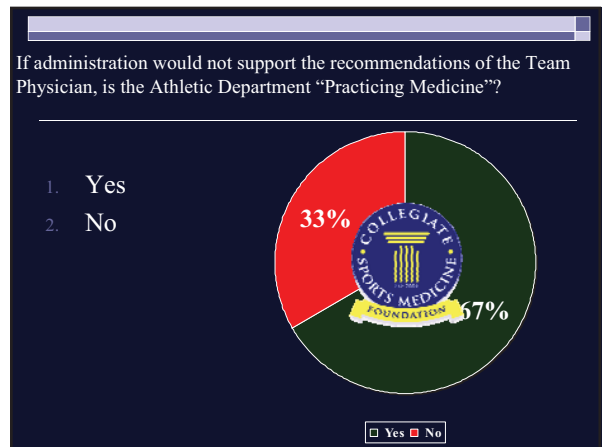
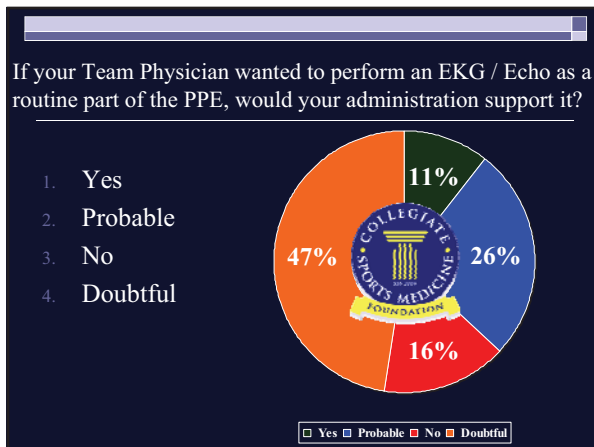
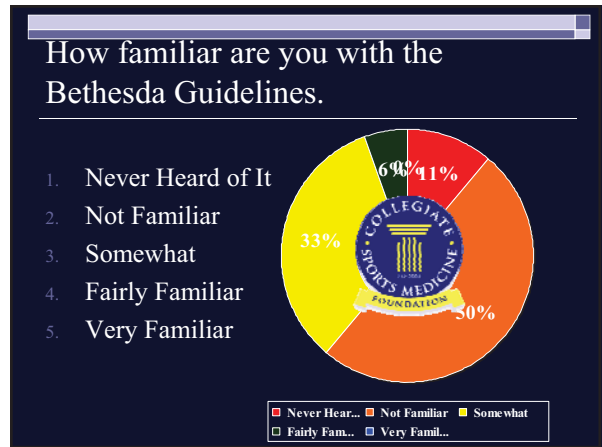
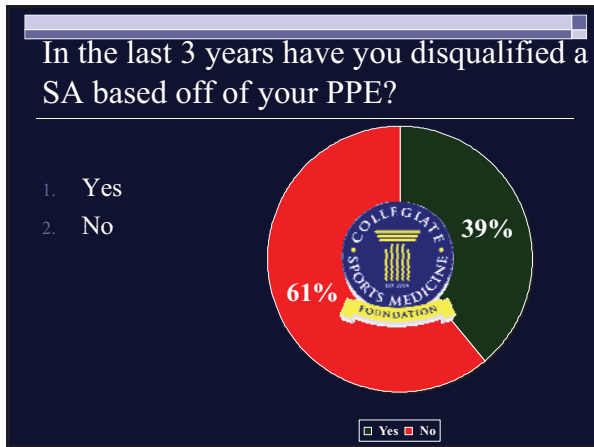
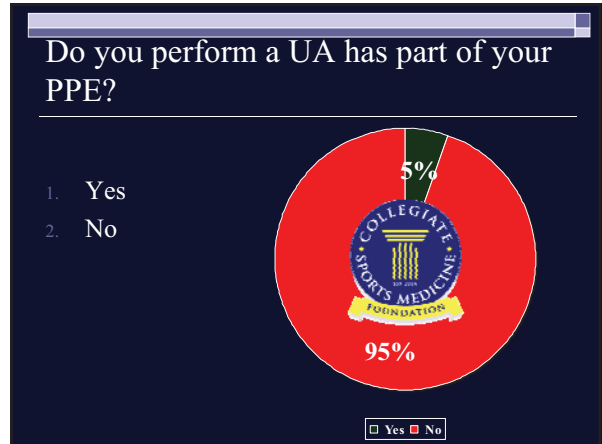
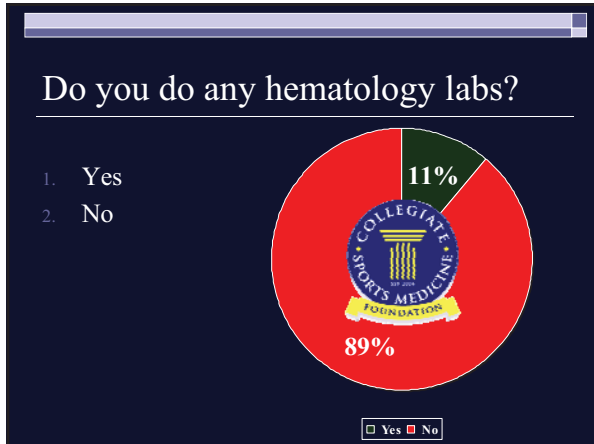


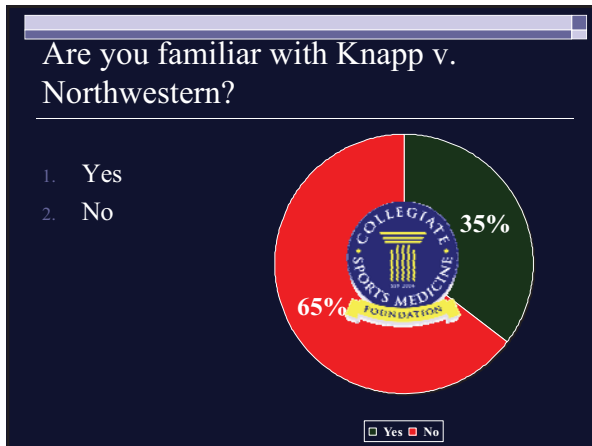
Yes No



- ### Reasons for Exit PPE / Medical Review
- Continuation / Follow-up of Care
 - Future Claims Issues
 - What happens if the SA quits the team?
 - What happens if the SA doesn't report?
 - Do we do them on all or just those not returning?







Policies Considerations Related to PPE

- ### Policy Considerations
- Clearance Financial Responsibility
 - Credentials of Clinician (Reporting with Physical Only)
 - Ultimate Authority in Clearance
 - Exit Physical Responsibility
 - Treating vs. Screening
 - Follow-up Considerations
 - "Information is Correct" Clause

- ### Purpose of PPE
- Physical Measurements
 - Diminish Risk for Catastrophic Event
 - Screening vs. Treating Physical
 - Eating Disorders
 - Asthma, Diabetes, Sickle Cell, etc.,
 - Orthopaedic Screening
 - Baseline for injury prevention
 - Legal
 - Compliance

- ### Objectives
- Primary
 - Screen for life-threatening conditions
 - Screen for conditions that may predispose athletes for injury or illness
 - Administrative requirements
 - Secondary
 - Determine general health
 - Entry point to "healthcare system" (unfortunate for some)
 - Opportunity to initiate discussion on health-related topics
- Relative to Philosophy of Coverage vs. Service

- ### Legal
- Informed Choice "do no harm"
 - Athlete accepts recommendation from MD however continues to pursue participation
 - Supporting Litigation
 - Rehabilitation Act of 1973
 - Americans with Disabilities Act of 1990

Legal

- Exculpatory Waivers “Risk Release”
 - Contract b/w SA (or parent), school / organization, and physician of which the SA promises not to sue the other parties
 - Validity of these waivers may vary from state, doubtful to protect MD against suites

Compliance

- NCAA
 - PPE Required – All Sports
 - SCT Screening
 - Concussion Influence



Concussion Influence

- Student Athletes must sign a statement in which they accept the responsibility of reporting their illnesses / injuries to institutional medical personal.
 - Notice Absence of “Sport Related”
- Baseline Requirements

Focus

- Cardiac
- Orthopaedic
- Concussion / Neurological
- Disordered Eating / Mental Health
- Performance
- General Medical (Asthma, Diabetes, Sickle Cell)

Testing

- General Medical
- Orthopaedic
- Serum
 - CBC, BMP, Sickle Cell, Baseline CK, HIV, Hepatitis, etc.,
- Urine
 - Drug Testing
- Cardiac
 - EKG, Echocardiogram, Stress Test
- DE / MH Screening
 - Eat – 26, etc.,
- Concussion
 - SX, Neuropsychological, Postural Stability



Referral Process

- Scholarship
- Walk-on (Preferred)
- Walk-on (Try out)
- Cost (Who Pays?)
- Second Opinion / Outside Physician