

NCAA 2005 Survey: Member Institution's Drug-Education and Drug-Testing Programs

NCAA Committee on Competitive Safeguards and Medical Aspects of Sports



Introduction

Since 1984, the NCAA has surveyed member institutions to obtain information on institutional drug-education and drug testing programs. This study is conducted in conjunction with the Committee on Competitive Safeguards and Medical Aspects of Sport. It is designed to assess the status of drug-education and testing programs on all NCAA campuses.

The directors of athletics at NCAA member institutions are sent a questionnaire that includes questions on drug-testing, drug-education and drug-use rehabilitation. For the 2005 survey, there were 1054 questionnaires mailed to directors of athletics at all active and provisional member institutions. 554 surveys were returned in time to be included in the results for a 53 percent return rate. Of the returned surveys, 46 percent were completed by the director of athletics, 27 percent by athletic trainers, 23 percent by an assistant or associate director of athletics and 5 percent by individuals designated as "other."

This report is presented as follows:

1. Summary of the 2005 results of the NCAA Drug Education/Testing Survey
2. Tables of the 2005 results of the NCAA Drug Education/Testing Survey by division.
3. Comparison summary of results of the NCAA Drug Education/Testing Survey, 2001-05.

Results

Drug/Alcohol Education Program

The 2005 results show that 71 percent of the institutions responding to the survey have in operation a drug/alcohol education program for student athletes, a 5 percent increase from 2001. Seven percent of the respondents are actively planning a drug education program, while 22 percent reported having no drug education program. Only 24 percent of the respondents currently have in place a drug/alcohol education program for coaches and staff, with six percent actively planning such a program. Institutions indicated spending an average amount of \$3,330 on drug education for student-athletes.

When asked which NCAA drug/alcohol education programs their institutions had utilized, responses were as follows: Health and Safety Speakers Grant Program is utilized most often at 63 percent; the NCAA Champs/Life Skills program is used by 61 percent, 25 percent used the CHOICES alcohol education grant, 24 percent attended an APPLE (Athletic Prevention Programming and Leadership Education) conference, and 14 percent indicated using an "other" program. TEAM (Techniques for Effective Alcohol Management) was used least often at three percent.

Divisional data show that there are differences among divisions in the use of drug-education programs. For example, approximately 90 percent of Division I institutions report currently operating drug-education programs, while 70 percent and 50 percent respectively of Division II and III institutions report operating such programs for student-athletes. Overall, the percentages for all divisions have increased since earlier surveys.

When asked what components were included in their drug/alcohol program for student-athletes the two most popular responses were "referral to campus or community agency for treatment if necessary" (96%) and "outside speakers brought in for special presentations" (86%). The other components were utilized as follows:

- Work with other departments on campus (91%)
- Educational sessions for the entire body of student-athletes (79%)
- Educational sessions for each team (69%)
- Educational sessions specifically regarding banned nutritional supplements (60%)

- Alcohol/drug abuse evaluations (60%)
- Peer education programs from other student-athletes (36%).

Forty-six percent of institutions reported holding drug/alcohol educational sessions for student-athletes once a term, and 39 percent each year. Six percent held sessions twice a term and 9 percent “other.” Drug /alcohol educational programs were paid for from athletics department budgets 75% of the time, 52% through grants or 35 % with other university department budgets.

Tobacco and Ergogenic Supplement Use

When institutions were quizzed on their understanding of the NCAA policy on tobacco use, 93 percent correctly indicated that it is banned for all student-athletes and games personnel during all collegiate practices and competition and at NCAA championships, a four percent increase from 2001. However, only 71 percent of respondents could correctly indicate that the NCAA discourages ergogenic supplement use by student-athletes. Ten percent indicated that ergogenic supplements were on the NCAA banned substance list and 14% were unaware of any NCAA policy regarding ergogenic supplements.

Twenty-eight percent of the recruited student-athletes were provided with a copy of the banned substance policy at the time of matriculation/orientation. Eighteen percent of the student-athletes were not provided a copy of the policy until the first day of practice, while nineteen percent were provided during recruiting and nine percent at the letter of intent signing. Two percent of institutions indicated not providing a banned substance policy to student-athletes.

Nutritional Supplements Provided

Overall, 38 percent of institutions indicated providing nutritional supplements to the student-athletes, however, divisional differences in this area were significant. Eighty-nine percent of Division I-A institutions provided nutritional supplements to the student-athletes, while only 15 percent of Division III schools provided supplements. More than three-fourths of Division II and III institutions spent less than \$1000 annually on nutritional supplements, while 29 percent of Division I-A institutions spent over \$50,000.

Alcohol Use During Recruitment Visits

Alcohol use during recruitment visits is at the discretion of the institution. Eighty-seven percent of the institutions reported having a policy of no alcohol permitted during recruitment visits, a 16 percent increase from 71 percent in 2003. Eight percent of the institutions reported having no policy, with alcohol use being left to the discretion of the recruiter. Alcohol is specifically permitted at private parties at only one percent of the institutions. Four percent of the respondents indicated having “other” policies.

Institutional Drug-Testing

The 2005 results show that 52 percent of responding institutions report currently having a drug-testing program for student-athletes, a three percent increase from 2001. Forty-

three percent report not having a drug-testing program for student-athletes and five percent reported actively planning to implement such a program. A divisional breakdown of the institutions with drug-testing programs is as follows:

- Division I-A 91%
- Division I-AA 74%
- Division I-AAA 78%
- Division II 51%
- Division III 13%.

The following are characteristics of the drug-testing programs at NCAA member institutions. Percentages are based on the number institutions that have drug testing programs:

- Thirty percent of the respondents drug test spirit group members (e.g. cheerleaders);
- Twenty-one percent of the respondents drug test student-athlete personnel (e.g. managers);
- Ninety-nine percent of the respondents provide the student-athlete with a written policy on drug testing;
- Ninety-eight percent of the respondents have student-athletes sign a waiver or consent form pertaining to the drug testing;
- Mandatory drug testing is performed at 99 percent of the institutions;
- Ninety-two percent of institutions randomly select student-athletes for drug testing, 86 percent drug test with reasonable suspicion and 38 percent test the entire team;
- Drugs included in institutions' testing programs were (in descending order): marijuana 98%, cocaine 97%, amphetamine 95%, ecstasy 60%, ephedrine 56%, anabolic agents 42%, diuretics 36%, alcohol 24%, and "others" 17%;
- Nearly 100 percent of the institutions drug testing utilized urine samples as the method of testing;
- Institutions sent an average of 242 samples for testing annually at an average cost of \$8,118;
- Thirty-three percent of the samples were tested for anabolic steroids;
- The student-athlete, director of athletics, coach and athletic trainer are the first four people consistently told of any positive drug test;
- Referral to a drug counselor, increased testing and discussion with coach are the first actions taken after both the first and second positive tests. Other common actions after the first test include: drug education program, discussion with trainer, discussion with team physician and suspension from the team (46%);
- Over 72 percent of the time, student-athletes may be suspended from the team after the second positive test, a five percent increase from 2003;
- 80 percent of the time, student-athletes may be removed from the team by or after the third positive test.

Currently, 72 percent (a seven percent increase from 2001) of respondents have a plan for treating and rehabilitating student-athletes found to have drug/alcohol dependency problems, while 21 percent do not and seven percent are actively creating such a plan.

Drug Testing Program

Currently, the NCAA year-round testing program does not screen for street drugs. When questioned if the NCAA should begin testing for THC (marijuana) in their year-round program, 89 percent of respondents were in favor of such a test, while 11 percent were not. These numbers represent a three percent increase in those favoring THC testing since 2003.

The 2001 survey asked respondents if they thought the NCAA policy of a one-year suspension for all banned substances was appropriate and 90 percent agreed, with 10 percent disagreeing. Agreement with this policy was slightly higher in Divisions II (93%) and III (92%), than in Division I (85%).

When asked if student-athletes who test positive for THC should receive a lesser sanction than those student-athletes who test positive for anabolic steroids, 71 percent said they should receive the same sanction, 28 percent state they should receive a lesser sanction, and one percent said they should receive a greater sanction.

Currently the NCAA tests year-round sports in Divisions I and II only. When asked if the respondents favored a year-round testing in Division III, the Division III results were split; 55 percent in favor of year-round testing and 45 percent against. Overall, 72 percent of respondents were in favor of year-round testing.

Respondents were asked in the 2005 survey to identify substances that would result in a positive drug test under current NCAA regulations. The following percentages represent the overall number of respondents that marked each item for a positive drug test:

- Creatine 22%
- Androstenedione 95%
- Ephedrine 97%
- Amino Acids 15%
- Glucosamine 11%.

Division I-A institutions responded correctly more often than all other divisional designations.

Facility Alcohol Management

Eighty-nine percent of the respondents have a policy concerning alcohol at athletics events while 11 percent do not. Eighty-seven percent of the respondents do not allow alcoholic beverages to be sold at athletics events with 17 percent allowing alcohol ads in signage at athletics events and 19 percent allowing alcohol ads in game programs.

The following pages contain the results of the survey in table format by division.

**NCAA 2005 SURVEY OF MEMBER INSTITUTION'S DRUG-
EDUCATION/TESTING SURVEY**

Classification Breakdown and Response Rates:

Classification	Number of Returned Surveys	Within Division Percentages	Overall Percentages
I-A	87	74%	17%
I-AA	62	53%	12%
I-AAA	50	54%	10%
II	159	55%	31%
III	157	36%	31%
Totals	515	49%	100%
Division Missing	39	-	-

The majority of people who completed and returned the survey were the directors of athletics. The category of athletic trainer was new this year causing the number of “other” respondents to decrease dramatically. The breakdown is as follows:

Position	I-A	I-AA	I-AAA	II	III	Total / (%)
Director of Athletics	4/5%	21/34%	16/33%	87/57%	101/67%	229 (46%)
Asst./Assoc. Director of Athletics	38/44%	18/29%	19/39%	22/14%	16/11%	113 (23%)
Athletic Trainer	31/36%	19/31%	12/25%	41/27%	30/20%	133 (27%)
Other	13/15%	4/7%	2/4%	4/3%	4/3%	27 (5%)

Survey Questionnaire Results

A. ALCOHOL TOBACCO AND OTHER DRUG EDUCATION PROGRAM

1. Does your athletics department currently have in operation a drug/alcohol educational program for student-athletes?

Response Choice	I-A	I-AA	I-AAA	II	III	Total / (%)
Yes	79/91%	54/89%	44/88%	111/70%	77/50%	365(71%)
No	5/6%	6/10%	3/6%	33/21%	66/43%	113(22%)
No, but actively planning one	3/3%	1/2%	3/6%	15/9%	12/8%	34(7%)

2. Does your athletics department currently have in operation a drug/alcohol educational program for coaches and other staff?

Response Choice	I-A	I-AA	I-AAA	II	III	Total / (%)
Yes	27/31%	16/26%	9/18%	42/27%	29/19%	123(24%)
No	55/63%	43/69%	36/74%	105/67%	119/76%	358(70%)
No, but actively planning one	5/6%	3/5%	4/8%	9/6%	9/6%	30(6%)

3. How much money does your athletics department spend annually on drug education for student-athletes?

Response Choice	I-A	I-AA	I-AAA	II	III	Total
Average Amount	\$7,539	\$2,160	\$2,513	\$1,668	\$2,612	\$3,330

4. Which of the following NCAA programs has your institution participated in during the last five years? (More than one can apply.)

NCAA Program	I-A	I-AA	I-AAA	II	III	Total / (%)
CHOICES alcohol-educ. grant	29/35%	18/30%	13/28%	25/18%	25/22%	110(25%)
Health & Safety Speakers Grant	41/49%	37/63%	29/62%	90/66%	80/70%	277(63%)
A.P.P.L.E.	28/34%	11/19%	14/30%	25/18%	28/24%	106(24%)
NCAA Champs/Life Skills Prog.	69/83%	49/83%	44/94%	59/43%	49/43%	270(61%)
TEAM	5/6%	5/9%	-	2/2%	2/2%	14(3%)
Other	14/17%	8/14%	2/4%	18/13%	19/17%	61(14%)

5. Select the statement that best describes your understanding of the NCAA policy on tobacco use:

Response Choice	I-A	I-AA	I-AAA	II	III	Total / (%)
No policy restricting SA tobacco use	1/1%	-	-	1/1%	2/1%	4 (1%)
Banned for SA and games personnel during championships only	-	-	-	1/1%	-	1 (0%)
Banned for SA and games personnel during practices and competition	9/11%	3/5%	1/2%	7/4%	10/6%	30 (6%)
Banned for SA and games personnel during practices, competition and championships	76/89%	59/95%	49/98%	149/94%	144/92%	477 (93%)

6. Select the statement that best explains your understanding of the NCAA guidelines on ergogenic supplement use.

Response Choice	I-A	I-AA	I-AAA	II	III	Total / (%)
No policy restricting use	11/13%	6/9%	6/13%	19/12%	29/19%	71 (14%)
NCAA supports institution in providing supplements to athletes	11/13%	4/7%	3/6%	6/4%	2/1%	26 (5%)
NCAA discourages use of ergogenic supplements by SA	62/74%	41/66%	35/75%	117/75%	101/66%	356 (71%)
NCAA lists ergogenic supplements on the banned substance list	-	11/18%	3/6%	14/9%	20/13%	48 (10%)

7. Does your institution provide nutritional supplements to your student-athletes?

Response Choice	I-A	I-AA	I-AAA	II	III	Total / (%)
Yes	77/89%	34/55%	27/56%	33/21%	23/15%	194 (38%)
No	10/12%	28/45%	21/44%	126/79%	133/85%	318 (62%)

8. How many products in the following categories do you provide for the student-athletes?

Response Choice	I-A	I-AA	I-AAA	II	III	Total / (%)
Carbohydrate boosters						
1	27/66%	5/63%	7/70%	1/100%	3/100%	43 (68%)
2	8/20%	-	3/30%	-	-	11 (18%)
3	3/7%	1/13%	-	-	-	4 (6%)
4	1/2%	-	-	-	-	1 (2%)
5 or more	2/5%	2/25%	-	-	-	4 (6%)
Energy bars						
1	33/54%	13/81%	9/60%	3/100%	3/50%	61 (60%)
2	12/20%	3/19%	5/33%	-	-	20 (20%)
3	8/13%	-	-	-	3/50%	11 (11%)
4	1/2%	-	-	-	-	1 (1%)
5 or more	7/12%	-	1/7%	-	-	8 (8%)

Response Choice	I-A	I-AA	I-AAA	II	III	Total / (%)
Carbohydrate/electrolyte drinks						
1	51/71%	20/65%	15/58%	21/68%	11/50%	118 (65%)
2	12/17%	4/13%	6/23%	3/10%	4/18%	29 (16%)
3	3/4%	-	-	1/3%	1/5%	5 (3%)
4	-	2/7%	2/8%	-	1/5%	5 (3%)
5 or more	6/8%	5/16%	3/12%	6/19%	5/23%	25 (14%)
Vitamins and Minerals						
1	27/64%	5/71%	2/33%	2/67%	1/100%	37 (63%)
2	9/21%	2/29%	3/50%	1/33%	-	15 (25%)
3	3/7%	-	-	-	-	3 (15%)
4	-	-	-	-	-	0 (0%)
5 or more	7/12%	-	1/17%	-	-	4 (7%)

9. How much does your athletics department spend on nutritional supplements annually?

Response Choice	I-A	I-AA	I-AAA	II	III	Total / (%)
Less than \$1,000	11/15%	9/27%	11/42%	25/76%	17/77%	73 (38%)
\$1,000 - \$5,000	11/15%	19/56%	10/39%	6/18%	5/23%	51 (27%)
\$5,001 - \$15,000	10/13%	4/12%	3/12%	2/6%	-	19 (10%)
\$15,001 - \$30,000	13/17%	1/3%	2/8%	-	-	16 (18%)
\$30,001 - \$50,000	9/12%	-	-	-	-	9 (5%)
\$50,001 - \$75,000	10/13%	-	-	-	-	10 (5%)
More than \$75,000	12/16%	1/3%	-	-	-	13 (7%)

10. Which of the following is part of your drug/alcohol educational program for student-athletes? (More than one can apply.)

NCAA Program	I-A	I-AA	I-AAA	II	III	Total / (%)
Educ. Sessions for each team						
Mandatory	52/68%	34/60%	21/50%	88/62%	51/41%	246 (55%)
Voluntary	13/17%	6/10%	7/17%	16/11%	20/16%	62 (14%)
Not Offered	12/16%	17/30%	14/33%	39/27%	55/44%	137 (31%)
Educ. Sessions for all SA's						
Mandatory	56/71%	42/70%	43/90%	96/67%	59/43%	296 (63%)
Voluntary	11/14%	8/13%	2/4%	18/13%	34/25%	73 (16%)
Not Offered	12/15%	10/17%	3/6%	30/21%	45/33%	100 (21%)
Outside speakers for special presentations						
Mandatory	54/67%	44/72%	41/85%	96/64%	72/51%	307 (64%)
Voluntary	17/21%	15/25%	4/8%	24/16%	44/31%	104 (22%)
Not Offered	10/12%	2/3%	3/6%	29/20%	25/18%	69 (14%)

NCAA Program	I-A	I-AA	I-AAA	II	III	Total / (%)
Peer education programs from other student athletes						
Mandatory	10/14%	3/6%	6/15%	8/6%	5/4%	32 (8%)
Voluntary	25/34%	17/31%	14/35%	32/26%	30/24%	118 (28%)
Not Offered	38/52%	35/64%	20/50%	85/68%	90/72%	268 (64%)
Alcohol/drug abuse evaluations						
Mandatory	51/65%	29/52%	18/46%	49/37%	12/10%	159 (37%)
Voluntary	12/15%	11/20%	8/21%	29/22%	37/29%	97 (23%)
Not Offered	16/20%	16/29%	13/33%	54/41%	77/61%	176 (41%)
Educ. Sessions about banned supplements						
Mandatory	46/61%	22/42%	23/56%	52/39%	37/29%	180 (42%)
Voluntary	15/20%	9/17%	7/17%	25/19%	21/17%	77 (18%)
Not Offered	15/20%	22/42%	11/27%	55/42%	68/54%	171 (40%)
Referral to agency for treatment						
Mandatory	63/81%	39/67%	34/76%	96/67%	55/40%	287 (62%)
Voluntary	12/15%	16/28%	11/24%	44/31%	70/52%	153 (33%)
Not Offered	3/4%	3/5%	-	3/2%	11/8%	20 (4%)
Work w/ other depts. on campus						
Mandatory	32/49%	31/57%	24/67%	55/43%	47/39%	189 (47%)
Voluntary	27/42%	20/37%	12/33%	59/46%	62/51%	180 (44%)
Not Offered	6/9%	3/6%	-	15/12%	13/11%	37 (9%)

11. How is your drug/alcohol educational program for student-athletes funded?
(more than one can apply)

Response Choice	I-A	I-AA	I-AAA	II	III	Total / (%)
Athletics dept. budget	71/84%	47/77%	44/88%	110/74%	84/65%	356 (75%)
Other univ. dept. budgets	22/26%	22/36%	11/22%	48/32%	64/49%	167 (35%)
Grants	39/46%	36/59%	31/62%	77/52%	65/50%	248 (52%)
Other	7/8%	6/10%	3/6%	14/9%	9/7%	39 (8%)

12. How often are drug/alcohol educational sessions held for student-athletes?

NCAA Program	I-A	I-AA	I-AAA	II	III	Total / (%)
Once a year	30/35%	26/43%	20/40%	65/43%	47/36%	188 (39%)
Once a semester/term	42/49%	28/47%	24/48%	71/47%	53/40%	218 (46%)
Twice a semester/term	6/7%	4/7%	6/12%	3/2%	8/6%	27 (6%)
Once a month	-	-	-	1/1%	1/1%	2 (0%)
More than once a month	-	-	-	1/1%	1/1%	2 (0%)
Other	8/9%	2/3%	-	10/7%	22/17%	42 (9%)

13. When do you provide a copy of the banned substances policy to the recruited student-athletes?

NCAA Program	I-A	I-AA	I-AAA	II	III	Total / (%)
During recruiting	22/25%	14/23%	18/38%	35/22%	4/3%	93 (19%)
Letter of intent signing	11/13%	4/7%	5/10%	25/16%	1/1%	46 (9%)
At time of matriculation/orientation	28/32%	17/28%	14/29%	41/26%	38/25%	138 (28%)
First day of practice	10/12%	12/20%	4/8%	24/15%	42/28%	92 (18%)
Other	16/18%	14/23%	6/13%	29/19%	56/37%	121 (24%)
Policy not provided	-	-	-	2/1%	9/6%	12 (2%)

14. What is your school's policy on alcohol use during student-athlete recruitment visits?

NCAA Program	I-A	I-AA	I-AAA	II	III	Total / (%)
No policy	6/7%	5/8%	1/2%	18/12%	12/8%	42 (8%)
Alcohol permitted at private parties only	1/1%	-	-	1/1%	1/1%	43 (1%)
No alcohol permitted during entire visit	76/88%	56/92%	46/92%	131/84%	129/85%	438 (87%)
Other policy	103/4%	-	3/6%	24/15%	610/7%	22 (4%)

B. INSTITUTIONAL DRUG-TESTING PROGRAM

1. Does your athletics department currently utilize a drug-testing program for student-athletes? **(If yes, answer questions B2-B10; If no, skip to B11)**

Response Choice	I-A	I-AA	I-AAA	II	III	Total / (%)
Yes	78/91%	46/74%	39/78%	79/51%	20/13%	262 (52%)
No	7/8%	14/23%	8/16%	64/41%	127/82%	220 (43%)
No, but actively planning one	1/1%	2/3%	3/6%	13/8%	8/5%	27 (5%)

The following questions (2 - 12) were answered only by those schools currently utilizing a drug-testing program for student-athletes. Percentages are based upon the number of responses to each question not to the total number of surveys returned.

2. How much money does your athletics department spend on drug testing for student-athletes?

Response Choice	I-A	I-AA	I-AAA	II	III	Total
Mean Money Spent	\$18,427 (n=70)	\$5,715 (n=43)	\$4,511 (n=36)	\$2,512 (n=72)	\$2,825 (n=16)	\$8,118 (n=237)

3. Approximately how many samples do you send annually for drug testing?

Response Choice	I-A	I-AA	I-AAA	II	III	Total
Mean Samples Sent	542 (n=73)	149 (n=44)	100 (n=36)	678 (n=67)	140 (n=18)	242 (n=238)

4. What percent of samples sent are tested for anabolic steroids?

Response Choice	I-A	I-AA	I-AAA	II	III	Total / (%)
Mean Anabolic Percent	17% (n=451)	41%(n=19)	32%(n=15)	53%(n=33)	42%(n=6)	33% (n=124)

5. For what drugs do you test? (More than one can apply.)

Drug Choice	I-A	I-AA	I-AAA	II	III	Total / (%)
Alcohol	25/32%	6/13%	10/26%	19/25%	2/10%	62 (24%)
Cocaine	76/97%	44/98%	38/97%	73/97%	18/90%	249 (97%)
Marijuana	76/97%	45/100%	38/97%	74/99%	18/90%	251 (98%)
Amphetamine	76/97%	44/98%	36/92%	71/95%	18/90%	245 (95%)
Anabolic agents	47/60%	18/40%	12/31%	26/35%	5/25%	108 (42%)
Diuretics	41/53%	13/29%	11/28%	22/29%	5/25%	92 (36%)
Ecstasy	57/73%	23/51%	25/64%	36/48%	13/65%	154 (60%)
Ephedrine	49/63%	26/58%	26/67%	34/45%	10/50%	145 (56%)
Others	17/22%	5/11%	5/13%	11/15%	5/25%	43 (17%)

6. What is your current method of drug testing at your institution? (Check all that apply.)

Response Choice	I-A	I-AA	I-AAA	II	III	Total / (%)
Hair	9/12%	-	-	-	-	9 (4%)
Urine sample	77/99%	44/98%	39/100%	76/100%	18/95%	254 (99%)
Saliva	6/8%	3/7%	1/3%	3/4%	-	13 (5%)
Other	1/1%	-	-	1/1%	1/5%	3 (1%)

7. Are student-athlete personnel (e.g. managers, athletic trainers, equipment managers) subject to drug testing?

Response Choice	I-A	I-AA	I-AAA	II	III	Total / (%)
Yes, mandatory	19/24%	11/24%	5/13%	18/24%	-	53 (21%)
Yes, voluntary	-	1/2%	-	-	-	3 (1%)
No	59/76%	33/73%	34/87%	56/74%	20/100%	202 (78%)

8. Are spirit group members (e.g. dance team, cheer squad, mascot) subject to drug testing?

Response Choice	I-A	I-AA	I-AAA	II	III	Total / (%)
Yes, mandatory	28/36%	11/24%	6/15%	27/36%	5/25%	77 (30%)
Yes, voluntary	1/1%	1/2%	1/3%	1/1%	-	4 (2%)
No	49/63%	33/73%	32/82%	47/63%	15/75%	176 (69%)

9. Is there a specific written institutional policy on drug-testing given to the student-athlete?

Response Choice	I-A	I-AA	I-AAA	II	III	Total / (%)
Yes	78/100%	45/100%	38/97%	74/99%	20/100%	255 (99%)
No	-	-	1/3%	1/1%	-	2 (1%)

10. Do student-athletes sign a waiver or consent form pertaining to institutional drug testing?

Response Choice	I-A	I-AA	I-AAA	II	III	Total / (%)
Yes	75/97%	45/100%	39/100%	75/99%	19/95%	2353 (98%)
No	2/3%	-	-	1/1%	1/5%	4 (2%)

11. This drug-testing program is:

Response Choice	I-A	I-AA	I-AAA	II	III	Total / (%)
Voluntary	2/3%	-	1/3%	-	-	3 (1%)
Mandatory	75/97%	45/100%	38/97%	75/100%	20/100%	253 (99%)

12. What type of student-athlete selection methods is utilized? (More than one can apply.)

Response Choice	I-A	I-AA	I-AAA	II	III	Total / (%)
Random	75/96%	41/91%	37/97%	67/88%	16/80%	236 (92%)
Reasonable suspicion	69/89%	41/91%	32/84%	63/83%	716/80%	221 (86%)
Entire team testing	551/65%	15/33%	17/45%	11/15%	73/15%	97 (38%)
Other	16/21%	1/2%	4/11%	6/8%	2/10%	29 (11%)

12A. Who is informed of the results of a first positive test? (More than one may apply.)

Informed of Positive Test	I-A	I-AA	I-AAA	II	III	Total / (%)
Student-Athlete	78/100%	44/98%	39/100%	74/97%	19/100%	254(99%)
Athletics Trainer	60/77%	39/87%	31/80%	72/95%	15/79%	217 (84%)
CEO of Univ.	11/14%	13/29%	13/8%	18/24%	3/16%	48 (19%)
Team Doctor	48/62%	19/42%	19/49%	16/21%	9/47%	111 (43%)
Dir. of Athletics	73/94%	44/98%	35/90%	74/97%	18/95%	244 (95%)
Coach	72/93%	44/98%	232/82%	72/95%	17/90%	237 (92%)
FAR	5/6%	6/13%	1/3%	13/17%	-	25 (10%)
Dir. of Compliance	17/22%	18/40%	11/28%	24/32%	4/21%	74 (29%)
Counselor	47/60%	22/49%	25/64%	46/61%	10/53%	150 (58%)
Parents	52/67%	119/42%	18/46%	31/41%	9/47%	129 (50%)
Others	13/17%	4/9%	10/26%	9/12%	5/26%	41 (16%)

12B. Who is informed of the results of a second positive test?

Informed of Positive Test	I-A	I-AA	I-AAA	II	III	Total / (%)
Student-Athlete	77/100%	43/98%	38/100%	73/99%	17/100%	248 (99%)
Athletics Trainer	61/79%	38/86%	30/79%	70/95%	14/82%	213 (85%)
CEO of Univ.	13/17%	13/30%	6/16%	25/34%	4/26%	61 (24%)
Team Doctor	55/71%	19/43%	21/55%	19/26%	8/47%	122 (49%)
Dir. of Athletics	74/96%	44/100%	38/100%	70/95%	17/100%	243 (97%)
Coach	75/97%	42/96%	37/97%	70/95%	16/94%	240 (96%)
FAR	7/9%	9/21%	5/13%	21/28%	-	42 (17%)
Dir. of Compliance	28/36%	20/46%	12/32%	27/37%	6/35%	93 (37%)
Counselor	51/66%	24/55%	23/61%	45/61%	9/53%	152 (61%)
Parents	62/81%	24/55%	23/61%	43/58%	9/53%	161 (64%)
Others	13/17%	7/16%	12/32%	13/18%	4/24%	49 (20%)

12C. Who is informed of the results of a third positive test?

Informed of Positive Test	I-A	I-AA	I-AAA	II	III	Total / (%)
Student-Athlete	70/100%	35/92%	33/100%	64/100%	11/100%	213 (99%)
Athletics Trainer	57/81%	33/87%	25/76%	61/95%	11/100%	187 (87%)
CEO of Univ.	18/26%	15/40%	8/24%	29/45%	7/64%	77 (36%)
Team Doctor	50/71%	18/47%	19/58%	18/28%	4/36%	109 (51%)
Dir. of Athletics	67/96%	37/97%	31/94%	63/98%	11/100%	209 (97%)
Coach	67/96%	36/95%	33/100%	62/97%	11/100%	209 (97%)
FAR	12/17%	9/24%	7/21%	19/30%	4/36%	51 (24%)
Dir. of Compliance	32/46%	20/53%	12/36%	32/50%	6/55%	102 (47%)
Counselor	42/60%	21/55%	21/64%	37/58%	8/73%	129 (60%)
Parents	55/79%	20/53%	24/73%	36/56%	5/46%	140 (65%)
Others	13/19%	6/16%	8/24%	14/22%	2/18%	43 (20%)

13A. What action is taken on the first positive test?

Action following Positive Test	I-A	I-AA	I-AAA	II	III	Total / (%)
Increased testing	71/91%	37/82%	35/92%	65/86%	13/68%	221 (86%)
Discuss w/ physician	37/47%	11/24%	14/37%	12/16%	6/32%	80 (31%)
Discuss w/ trainer	42/54%	27/60%	22/58%	58/76%	13/68%	162 (63%)
Discuss w/ coach	67/86%	35/78%	28/74%	61/80%	13/68%	204 (80%)
Drug ed. program	52/67%	31/69%	24/63%	54/71%	14/74%	175 (68%)
Drug counselor	66/85%	36/80%	33/87%	67/88%	15/79%	217 (85%)
Intrasquad discipline	23/30%	14/31%	10/26%	27/36%	6/32%	80 (31%)
Suspension from team	25/32%	18/40%	20/53%	41/54%	13/68%	117 (46%)
Suspension from school	1/1%	1/2%	-	1/1%	2/11%	5 (2%)
Removal from team	1/1%	2/4%	1/3%	34/5%	1/5%	9 (4%)
Nothing	-	-	-	-	-	-
Other	15/19%	6/13%	4/11%	6/8%	1/5%	32 (13%)

13B. What action is taken on the second positive test?

Action following Positive Test	I-A	I-AA	I-AAA	II	III	Total / (%)
Increased testing	64/84%	27/61%	28/74%	56/75%	12/63%	187 (74%)
Discuss w/ physician	45/59%	13/30%	13/34%	13/17%	6/32%	90 (36%)
Discuss w/ trainer	42/55%	24/55%	21/55%	48/64%	11/58%	146 (58%)
Discuss w/ coach	64/84%	30/68%	30/79%	55/73%	12/63%	191 (76%)
Drug ed. program	52/68%	22/50%	23/61%	45/60%	10/53%	152 (60%)
Drug counselor	68/90%	28/64%	30/79%	57/76%	13/68%	196 (78%)
Intrasquad discipline	23/30%	8/18%	7/18%	17/23%	7/37%	62 (25%)
Suspension from team	56/74%	24/55%	28/74%	63/84%	10/53%	181 (72%)
Suspension from school	1/1%	3/7%	1/3%	4/5%	1/5%	10 (4%)
Removal from team	13/17%	113/30%	8/21%	22/29%	8/42%	64 (25%)
Nothing	-	-	-	-	-	-
Other	20/26%	7/16%	4/11%	8/11%	-	39 (16%)

13C. What action is taken on the third positive test?

Action following Positive Test	I-A	I-AA	I-AAA	II	III	Total / (%)
Increased testing	38/55%	10/30%	16/50%	34/59%	8/73%	106 (52%)
Discuss w/ physician	30/44%	5/15%	8/25%	15/26%	4/36%	62 (31%)
Discuss w/ trainer	32/46%	13/39%	14/44%	37/64%	8/73%	104 (51%)
Discuss w/ coach	46/67%	16/49%	17/53%	41/71%	7/64%	127 (63%)
Drug ed. program	30/44%	7/21%	13/41%	28/48%	7/64%	85 (42%)
Drug counselor	40/58%	12/36%	16/50%	30/52%	7/64%	105 (52%)
Intrasquad discipline	13/19%	2/6%	4/13%	10/17%	4/36%	33 (16%)
Suspension from team	35/51%	15/46%	14/44%	24/41%	3/27%	91 (45%)
Suspension from school	10/15%	1/3%	3/9%	8/14%	-	22 (11%)
Removal from team	54/78%	25/76%	25/78%	48/83%	8/73%	160 (79%)
Nothing	-	-	-	-	-	-
Other	18/26%	6/18%	7/22%	7/12%	1/9%	39 (19%)

15. Do you have a policy for treating and rehabilitating student-athletes found to have drug/alcohol dependency problems?

Response Choice	I-A	I-AA	I-AAA	II	III	Total / (%)
Yes	76/89%	49/80%	35/75%	108/72%	83/57%	351 (72%)
No	6/7%	8/13%	7/15%	28/19%	53/37%	102 (21%)
No, but actively planning one	3/4%	4/7%	5/11%	14/9%	9/6%	35 (7%)

C. NCAA DRUG-TESTING PROGRAM

1. Do you believe that the current NCAA policy of a one-year suspension for all banned substances is appropriate?

Response Choice	I-A	I-AA	I-AAA	II	III	Total / (%)
Yes	71/83%	52/84%	45/92%	147/93%	143/92%	458 (90%)
No	15/17%	10/16%	4/8%	12/8%	12/8%	53 (10%)

2. Currently, the NCAA testing program screens for marijuana (THC) only at NCAA championships. Do you believe that marijuana (THC) testing should be added to the NCAA year-round program?

Response Choice	I-A	I-AA	I-AAA	II	III	Total / (%)
Yes	76/88%	53/86%	46/92%	144/92%	130/86%	449 (89%)
No	10/12%	9/15%	4/8%	13/8%	22/15%	58 (11%)

3. Do you believe that student-athletes who test positive for marijuana should receive a lesser sanction than those student-athletes who test positive for anabolic steroids?

Response Choice	I-A	I-AA	I-AAA	II	III	Total / (%)
Yes	46/54%	22/37%	7/14%	35/22%	33/21%	143 (28%)
Greater sanction	-	-	1/2%	3/2%	1/1%	5 (1%)
Same sanction	40/47%	38/63%	41/84%	120/76%	120/78%	359 (71%)

4. Which of the following will result in a positive drug test under NCAA regulation?
(Check all that apply)

Response Choice	I-A	I-AA	I-AAA	II	III	Total / (%)
Creatine	9/11%	13/22%	8/17%	34/22%	41/29%	105 (22%)
Andro or norandro products	83/99%	57/95%	45/98%	140/92%	131/94%	456 (95%)
Ephedrine	80/95%	58/97%	45/98%	149/98%	134/96%	466 (97%)
Amino Acids	12/14%	6/10%	5/11%	25/16%	25/18%	73 (15%)
Glucosamine	5/6%	8/13%	1/2%	17/11%	22/16%	53 (11%)

5. Currently the NCAA test year-round in all sports in Divisions I and II only. Do you favor a year-round testing program in Division III?

Response Choice	I-A	I-AA	I-AAA	II	III	Total / (%)
Yes	55/72%	43/83%	32/74%	125/86%	85/55%	340 (72%)
No	21/28%	9/17%	11/26%	21/14%	69/45%	131 (28%)

D. FACILITY ALCOHOL MANAGEMENT

1. Does your athletic department have a policy concerning alcohol at athletic events?

Response Choice	I-A	I-AA	I-AAA	II	III	Total / (%)
Yes	72/86%	59/95%	41/82%	140/89%	139/90%	451 (89%)
No	12/14%	3/5%	9/18%	17/11%	15/10%	56 (11%)

2. Does your institution allow alcoholic beverages to be sold at athletic events? (If yes, answer D3, if no, got to D4)

Response Choice	I-A	I-AA	I-AAA	II	III	Total / (%)
Yes	27/31%	13/21%	16/32%	5/3%	5/3%	66 (13%)
No	59/69%	49/79%	34/68%	153/97%	150/97%	445 (87%)

3. If alcoholic beverages are sold at events, are the arenas/stadiums on or off campus? (Percentages reported are calculated only from those respondents who answered yes to the previous question regarding the sale of alcoholic beverages.)

Response Choice	I-A	I-AA	I-AAA	II	III	Total / (%)
On-campus	15/63%	5/39%	5/31%	1/20%	2/50%	28 (45%)
Off-campus	7/29%	7/54%	10/63%	4/80%	6/50%	30 (48%)
Both	2/8%	1/7%	1/6%	-	-	4 (7%)

4. Does your institution allow alcoholic beverages to be advertised at athletic events?

-allow alcohol ads in signage

Response Choice	I-A	I-AA	I-AAA	II	III	Total / (%)
Yes	23/31%	13/20%	15/40%	25/19%	2/1%	78 (17%)
No	51/69%	52/80%	23/61%	106/81%	153/99%	385 (83%)

-allow alcohol ads in game programs

Response Choice	I-A	I-AA	I-AAA	II	III	Total / (%)
Yes	28/37%	18/28%	11/30%	24/19%	7/5%	88 (19%)
No	47/63%	46/72%	26/70%	106/82%	149/96%	374 (81%)

COMPARISON SUMMARY BY YEAR OF RESULTS OF DRUG-EDUCATION/TESTING SURVEYS

NCAA Committee on Competitive Safeguards and Medical Aspects of Sports

DRUG/ALCOHOL EDUCATION PROGRAM

	<u>2001</u>	<u>2003</u>	<u>2005</u>
1. Does your athletics department currently have in operation a drug/alcohol educational program for student-athletes?			
Yes	66%	67%	71%
No	23%	26%	22%
Plan*	12%	7%	7%
2. Does your athletics department currently have in operation a drug/alcohol educational program for coaches and other staff?			
Yes	26%	29%	24%
No	66%	64%	70%
Plan*	8%	7%	6%
3. Which of the following NCAA programs has your institution participated in? (more than one can apply)			
CHOICES grant	20%	26%	25%
Betty Ford Center Program	21%	20%	N/A
Sports Sciences Speakers Grant Program	37%	51%	63%
A.P.P.L.E.	29%	36%	24%
NCAA Life Skills Program	48%	58%	61%
TEAM (Techniques for Effective Alcohol Management)	4%	6%	3%
Other	*	*	14%

	2001	2003	2005
4. Select the statement that best describes your understanding of the NCAA policy on tobacco use?			
The NCAA has no policy that restricts student-athletes' tobacco use.	-	1%	1%
The NCAA bans the use of tobacco products by student-athletes and games personnel only during its championships.	1%	1%	0%
The NCAA bans the use of tobacco products by student-athletes and games personnel during all collegiate practices and competition.	10%	7%	6%
The NCAA bans the use of tobacco products by student-athletes and games personnel during all collegiate practices and competition and at NCAA championships.	89%	91%	93%
6. Which of the following is part of your drug/alcohol educational program for student-athletes?***			
Educational sessions for each individual team	44%	42%	69%
Educational sessions for the entire body of student-athletes	54%	61%	79%
Outside speakers brought in for special presentations	74%	78%	86%
Peer education programs from other student-athletes	19%	16%	36%
Alcohol/drug abuse evaluations	26%	28%	60%
Educational sessions about supplement use	33%	40%	60%
Referral to campus or community agency for treatment if necessary	79%	81%	96%
Work with other departments on campus	64%	65%	91%
<i>***2005 responses include both mandatory and voluntary programs</i>			
7. What is your school's policy on alcohol use during student athlete recruitment visits?			
No policy (discretion of recruiter)	22%	21%	8%
Alcohol permitted at private parties (on- or off-campus) only	1%	1%	1%
No alcohol permitted during the entire recruitment visit (zero tolerance)	68%	71%	87%
Other policies	10%	8%	4%
8. How is your drug/alcohol educational program for student-athletes funded? (more than one can apply)			
Athletics department budget	80%	77%	75%
Other university department budgets	32%	32%	35%
Grants	39%	49%	52%
Other	9%	0%	8%

	<u>2001</u>	<u>2003</u>	<u>2005</u>
9. How often are drug/alcohol educational sessions held for student-athletes?			
Once a year	44%	43%	39%
Once a semester	35%	38%	46%
More than once a semester but less than once a month (twice a semester in 2001 & 2005)	7%	8%	6%
Once a month or more	1%	2%	0%
Other	11%	10%	9%
10. When do you provide a copy of the banned substance policy to the recruited student-athletes?			
During recruiting	4%	2%	19%
Letter of Intent signing	2%	2%	9%
At time of matriculation/orientation	51%	54%	28%
First day of practice	21%	25%	18%
None of the above	22%	19%	n/a
Other	n/a	n/a	24%
Policy not provided	n/a	n/a	2%

INSTITUTIONAL DRUG-TESTING PROGRAM

1. Does your athletics department currently utilize a drug-testing program for student-athletes?			
Yes	49%	47%	52%
No	46%	47%	43%
Plan*	5%	6%	5%
2. Approximately how many samples do you send annually for drug testing?			
Total		205	242
3. What percent of samples sent are tested for anabolic steroids?			
Total		33%	33%

	2001	2003	2005
4. For what drugs do you test? (more than one can apply)			
Alcohol	31%	31%	24%
Cocaine	95%	96%	97%
Marijuana	99%	98%	98%
Amphetamines	92%	96%	95%
Anabolic steroids	52%	43%	42%
Diuretics	38%	47%	36%
Ecstasy	47%	64%	60%
Ephedrine	45%	55%	56%
Other drugs	33%	32%	17%
5. What is your current method of drug testing at your institution (Check all that apply)?			
Hair	1%	2%	4%
Urine sample	100%	99%	99%
Saliva	1%	2%	5%
Other	1%	1%	1%
6. Are student-athlete personnel (e.g. managers, athletic trainers, equipment managers) tested along with student-athletes?*			
(Example changed from cheerleaders in 2003 version)			
Yes	34%	34%	22%
No	66%	66%	78%
7. Is there a specific written policy on drug testing given to the student-athlete?			
Yes	99%	97%	99%
No	2%	3%	1%
8. Do student-athletes sign a waiver or consent form pertaining to drug testing?			
Yes	99%	98%	98%
No	1%	2%	2%
9. This drug-testing program is:			
Voluntary	5%	6%	1%
Mandatory	95%	94%	99%

	2001	2003	2005
10. What type of student-athlete selection methods are utilized? (more than one can apply)			
Random	90%	92%	92%
Probable cause	58%	55%	n/a
Reasonable suspicion	68%	70%	86%
Entire team testing	n/a	n/a	38%
Other	17%	16%	11%
11A. Who is informed of the results of the first positive test?***			
Student-athlete	97%	91%	99%
Athletics trainer	78%	79%	84%
CEO of the university	10%	11%	19%
Team physician	48%	45%	43%
Athletics director	90%	94%	95%
Coach	86%	88%	92%
FAR	3%	6%	10%
Dir. of Compliance	18%	21%	29%
Counselors	51%	52%	58%
Parents	42%	44%	50%
Other	12%	16%	16%
11B. Who is informed of the results of the second positive test?			
Student-athlete	98%	97%	99%
Athletics trainer	80%	80%	85%
CEO of the university	15%	19%	24%
Team physician	50%	48%	49%
Athletics director	96%	96%	97%
Coach	97%	96%	96%
FAR	6%	9%	17%
Dir. of Compliance	26%	26%	37%
Counselors	60%	58%	61%
Parents	63%	62%	64%
Other	15%	19%	20%

2001 2003 2005

11C. Who is informed of the results of the third positive test?

Student-athlete	98%	98%	99%
Athletics trainer	83%	79%	87%
CEO of the university	28%	27%	36%
Team physician	56%	51%	51%
Athletics director	99%	95%	97%
Coach	99%	98%	97%
FAR	3%	14%	24%
Dir. of Compliance	32%	37%	47%
Counselors	58%	56%	60%
Parents	69%	65%	65%
Other	16%	20%	20%

12A. What action is taken on the first positive test?

Increased testing	n/a	n/a	86%
Discuss with team physician	36%	35%	86%
Discuss with athletics trainer	57%	59%	63%
Discuss with coach	76%	77%	80%
Probation	n/a	-	n/a
Enforced drug-education program	57%	63%	68%
Referred to drug education counselor	81%	85%	85%
Intrasquad discipline	23%	22%	31%
Suspension from team	34%	44 %	46%
Suspension from school	n/a	n/a	2%
Removal from team	5%	4%	4%
Nothing	-	1%	-
Other	18%	19%	13%

	2001	2003	2005
12B. What action is taken on the second positive test?			
Increased testing	n/a	n/a	74%
Discuss with team physician	39%	38%	36%
Discuss with athletics trainer	56%	57%	58%
Discuss with coach	80%	74%	76%
Probation	n/a	-	n/a
Enforced drug-education program	59%	59%	60%
Referred to drug education counselor	81%	78%	78%
Intrasquad discipline	24%	20%	25%
Suspension from team	67%	71%	72%
Suspension from school	n/a	n/a	4%
Removal from team	23%	24%	25%
Nothing	-	-	-
Other	17%	15%	16%
12C. What action is taken on the third positive test?			
Increased testing	n/a	n/a	52%
Discuss with team physician	37%	35%	31%
Discuss with athletics trainer	45%	51%	51%
Discuss with coach	68%	68%	63%
Probation	n/a	-	n/a
Enforced drug-education program	46%	42%	42%
Referred to drug education counselor	59%	62%	52%
Intrasquad discipline	16%	16%	16%
Suspension from team	37%	72%	45%
Suspension from school	n/a	n/a	11%
Removal from team	79%	86%	79%
Nothing	1%	-	-
Other	17%	20%	19%
13. Do you have a plan for treating and rehabilitating student-athletes found to have drug/alcohol dependency problems?			
Yes	65%	76%	72%
No	20%	19%	21%
Planning*	4%	5%	7%
N/R**	11%	-	-

NCAA DRUG-TESTING PROGRAM

	<u>2001</u>	<u>2003</u>	<u>2005</u>
1. Do you believe that the current NCAA policy of a one-year suspension for all banned substances is fair?			
Yes	88%	86%	90%
No	11%	14%	10%
2. Currently, the NCAA testing program screens for marijuana (THC) only at NCAA championships. Do you believe that marijuana (THC) testing should be added to the NCAA <u>year-round</u> program?			
Yes		84%	89%
No		16%	11%
3. Do you believe that student-athletes who test positive for marijuana should receive a lesser sanction than those student-athletes who test positive for anabolic steroids?†			
†Question has been reworded slightly each year.			
Yes	22%	25%	28%
Greater sanction	6%	1%	1%
Same sanction	72%	74%	71%
9. Which of the following will result in a positive drug test under NCAA regulation? (Check all that apply)			
Creatine		19%	22%
Andro or norandro products		90%	95%
Ephedrine		96%	97%
Amino Acids		10%	15%
Glucosamine		7%	11%
10. Do you believe the NCAA should test in all sports in the year round drug-testing program?			
Yes		74%	72%
No		26%	28%

NCAA DRUG-TESTING PROGRAM

2001 2003 2005

1. Does your athletic department have a policy concerning alcohol at athletic events?			
Yes	89%	88%	89%
No	11%	13%	11%
2. Does your institution allow alcoholic beverages to be sold at athletic events? (If yes, answer D3, if no, got to D4)			
Yes	13%	12%	13%
No	87%	88%	87%
3. If alcoholic beverages are sold at events, are the arenas/stadiums on or off campus? (Percentages reported are calculated only from those respondents who answered yes to the previous question regarding the sale of alcoholic beverages.)			
On-campus	6%	32%	45%
Off-campus	50%	54%	48%
Both	14%	14%	7%
4. Does your institution allow alcoholic beverages to be advertised at athletic events?			
-allow alcohol ads in <u>signage</u>			
Yes	17%	17%	17%
No	83%	83%	83%
-allow alcohol ads in <u>game programs</u>			
Yes	21%	19%	17%
No	79%	81%	83%

<p>* Actively planning means organizational meetings held and preliminary plans developed for such a program. ** N/R - No response. *** A change in calculations for questions 11A-C and 112A-C under drug testing makes comparisons to past years problematic. In 2001 percentages were calculated from the total number of responses to each particular question, not only from schools that had drug testing.</p>
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