



Dear Student-Athlete/Parent/Guardian,

Please review all the forms in this packet. Each of the form contains information important to the student-athlete. Forms are located on the front and back of each page. Please complete, sign and date each form. **Please return forms to MVC Athletic Training only!**

Please review the forms for completeness. Incomplete forms or information found to be incomplete are unacceptable. Student-Athletes will not be allowed to practice or compete until all the information is provided.

**PLEASE HAVE THE FOLLOWING FORMS COMPLETED AND RETURNED BY  
AUGUST 1, 2005**

**ALL STUDENT-ATHLETES:**

- A. Assumption of Risk
- B. Buckley Amendment
- C. Drug Testing Consent
- D. Family Insurance Notification
- E. General Physical Examination (completed by family MD, DO, PA, NA only)
- F. Insurance Notification
- G. Insurance Travel Form
- H. Medical History Forms
- I. Permission to Provide Medical Treatment
- J. Permission to Share Medical Information
- K. **Xerox Copy of Health Insurance Card (Front & Back)**

Mail or Fax Completed Forms to:

MVC Athletic Training  
500 E. College  
Marshall, Missouri 65340  
Fax (660) 831.4038

Please address any of your questions to: MVC Athletic Training - 660.831.4195

Thank you for your cooperation!



- Yes No 8. Have you ever been treated for or diagnosed with a heart condition? What, if any treatment was received: \_\_\_\_\_ Are you currently taking any medication for this condition? Yes No If yes, what type \_\_\_\_\_ . Are you currently under any restrictions? \_\_\_\_\_
- Yes No 9. Have you had any illnesses requiring bed rest for one week or more during the past year? If yes, when? \_\_\_\_\_
- Yes No 10. Have you ever been diagnosed with a hernia? Date \_\_\_\_\_
- Yes No 11. Have you ever been diagnosed with iron deficiency or suffered from hemophilia? If yes, when. \_\_\_\_\_
- Yes No 12. Have you ever been diagnosed with sickle cell anemia trait or been treated for sickle cell anemia? If yes, when. \_\_\_\_\_
- Yes No 13. Have you ever had unexplained dizzy spells, or blackout? When \_\_\_\_\_
- Yes No 14. Are you missing any internal organs? (i.e. Kidney, Spleen, testicle etc.) List any or all that apply. \_\_\_\_\_

**Head and Neck Injuries**

- Yes No 1. Have you ever had a concussion? Dates \_\_\_\_\_ Were you totally unconscious? Yes No How many concussions have you had to date? \_\_\_\_\_
- Yes No 2. Do you have a history of headaches? Do they require prescription medication? Yes No If yes, what type of medication? \_\_\_\_\_
- Yes No 3. Have you ever injured your neck? Describe the injury. \_\_\_\_\_ were you seen by a physician? Yes No Hospitalized? Yes No
- Yes No 4. Have you ever had a "stinger" or a "burner" in the neck or shoulders? Left Right Both Date(s) \_\_\_\_\_
- Yes No 5. Have you ever had an injury involving the vertebral discs in your neck? Date(s) \_\_\_\_\_

**Eyes – Ears – Dental**

- Yes No 1. Do you wear glasses? If yes, do you wear them during athletics? Yes No
- Yes No 2. Do you wear contacts? Hard Soft Do you wear them during athletics? Yes No
- Yes No 3. When was your last eye examination? \_\_\_\_\_ Were there any visual problems found? Yes No If yes, please describe \_\_\_\_\_
- Yes No 4. Do you have a hearing impairment? Left Right

- Yes No 5. Do you wear any dental appliances? Braces Permanent Bridge Crown  
Partial Caps False Teeth Full Plate (Please Circle all that apply)

Upper Extremities and Back

- Yes No 1. Have you ever dislocated, separated, or had any other shoulder injuries?  
Left Right Please describe w/ dates: \_\_\_\_\_
- Yes No 2. Have you ever had shoulder surgery? Please describe w/ dates: \_\_\_\_\_  
Were you released to participate in athletics? Yes No If yes, by whom  
(please include phone number) \_\_\_\_\_
- Yes No 3. Have you ever sprained, strained, fractured, dislocated or otherwise injured  
either elbow? Left Right Describe and give dates: \_\_\_\_\_
- Yes No 4. Have you ever injured your wrist? Please describe and give dates: \_\_\_\_\_  
\_\_\_\_\_
- Yes No 5. Have you ever jammed, dislocated, or fractured any bones of your hands or  
fingers? Left Right Describe and give dates: \_\_\_\_\_
- Yes No 6. Have you ever injured your back? Describe and give dates: \_\_\_\_\_  
\_\_\_\_\_
- Yes No 7. Were you treated for this back injury? Did you see a physician? Yes No  
Did you see a chiropractor? Yes No Dates: \_\_\_\_\_
- Yes No 8. Do you experience pain in your back after exercise or lifting? How often does  
this pain occur? \_\_\_\_\_

Lower Extremities

- Yes No 1. Have you ever injured either hip? Left Right Describe and give dates:  
\_\_\_\_\_
- Yes No 2. Have you ever "pulled" either hamstring? Left Right How many times? \_\_\_\_
- Yes No 3. Have you ever injured the meniscus or cartilage in either knee? Left Right  
Describe and give dates: \_\_\_\_\_
- Yes No 4. Have you ever injured the ligaments in either knee? Left Right Describe  
and give dates: \_\_\_\_\_
- Yes No 5. If you answered Yes to either #3 and/or #4, were you seen by a physician?  
Yes No Did they advise surgery? Yes No If yes, give dates of surgery  
(if applicable) \_\_\_\_\_ Were you released for athletic  
participation? Yes No Give Dates: \_\_\_\_\_
- Yes No  
Yes No 6. Have you had any other problems with your knees or surrounding structures?  
Describe and give dates: \_\_\_\_\_

2005-2006

- Yes No 7. Have you ever had shin splints or stress fractures in the lower leg? If yes , do they occur often? Yes No \_\_\_\_\_
- Yes No 8. Have you ever experienced an ankle sprain of either ankle? Left Right Date(s) \_\_\_\_\_ Did this restrict your athletic participation? Yes No
- Yes No 9. Have you had any other type of injury to either ankle? Left Right Describe and give dates: \_\_\_\_\_
- Yes No 11. Have you ever had an injury to either foot? Left Right Describe and give dates: \_\_\_\_\_

**Heat Related Illnesses**

- Yes No 1. Have you ever passed out during or after exercise?
- Yes No 2. Have you ever been dizzy during or after exercise?
- Yes No 3. Have you had chest pain during or after exercise? If yes, when \_\_\_\_\_
- Yes No 4. Do you tire more quickly than your friends during exercise?
- Yes No 5. Have you ever had high blood pressure?
- Yes No 6. Have you ever been told that you have a heart murmur? If yes, explain \_\_\_\_\_
- Yes No 7. Have you ever had a racing pulse, or your heart skipped beats? If yes, explain \_\_\_\_\_
- Yes No 8. Has any one in your family died of heart problems or a sudden death before age 50? If so who, and what age? \_\_\_\_\_
- Yes No 9. Have you ever had heat or muscle cramps?
- Yes No 10. Have you ever been dizzy or passed out in the heat? If yes, when? \_\_\_\_\_
- Yes No 11. Have you ever experienced heat cramps, heat exhaustion, or heat stroke? please circle, describe and give dates including location of occurrence and if hospitalization was required. If yes explain. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2005-2006

- Yes No 1. Do you have any skin problems? If so explain \_\_\_\_\_.
- Yes No 2. Do you have trouble breathing or do you cough during or after activity.
- Yes No 3. Do you use any special equipment (pads, braces, neck rolls, mouth guard, eye guards, etc.)?
- Yes No 4. Have you had any problems with your eyes or vision?
- Yes No 5. Do you wear glasses or contacts or protective eyewear?
- Yes No 6. When was your last tetanus shot? \_\_\_\_\_
- Yes No 7. When was your last measles immunization? \_\_\_\_\_
- Yes No 8. Have you had any other operations, other than those listed above, in the past three years? If yes, describe and give dates \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
- Yes No 9. Have you had any additional illnesses or injuries during the past three years? Describe and give dates \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
- Yes No 10. Have you ever been advised by a physician not to participate in any form of athletics, on a permanent basis? Please describe and give dates. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
- Yes No 11. Is there any health or medical related problem that you feel needs to be disclosed in order to provide the best medical care possible? Please describe:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please Print Name \_\_\_\_\_ Date \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

**General  
Female Student-Athletes**

All Information is Confidential

- |     |    |   |
|-----|----|---|
| Yes | No | 1. Does your menstrual cycle occur: (monthly, twice a month, other). Please circle, please specify any irregularities:_____ |
| Yes | No | 2. Have you ever missed more than three consecutive menstrual periods at any time? _____                                    |
| Yes | No | 3. Have you ever missed your menstrual period for six consecutive months?<br>Number of months missed _____                  |
| Yes | No | 4. Are you currently using birth control pills?   |
| Yes | No | 5. Have you ever had a breast examination? Date of last examination _____   |
| Yes | No | 6. Have you ever had a PAP smear? Date of last examination _____  |
| Yes | No | 7. Has a physician ever diagnosed you with anorexia nervosa or bulimia?   |

2005-2006

**Pre-participation Physical Evaluation (Dr. portion)**

Patient's name: \_\_\_\_\_

1. BP \_\_\_\_\_ WT \_\_\_\_\_ HT \_\_\_\_\_ Vision (R) \_\_\_\_\_ (L) \_\_\_\_\_
2. Cardiovascular Exam \_\_\_\_\_ Normal \_\_\_\_\_ Abnormal Comments:
3. Musculoskeletal Exam Record-laxity, weakness, instability, decreased ROM- if abnormal  
Knee \_\_\_\_\_ Normal \_\_\_\_\_ Abnormal  
Ankle \_\_\_\_\_ Normal \_\_\_\_\_ Abnormal  
Shoulder \_\_\_\_\_  
Other orthopedic problems  
(ex. Neck, foot, scoliosis, etc.) \_\_\_\_\_ Normal \_\_\_\_\_ Abnormal
4. Option Exam – should be done if history is positive. Comments:  
ENT \_\_\_\_\_ normal \_\_\_\_\_ Abnormal  
Chest \_\_\_\_\_  
Abdomen \_\_\_\_\_  
Genitalia \_\_\_\_\_  
Skin \_\_\_\_\_
5. Assessment: A. \_\_\_\_\_ No Problem identified B. \_\_\_\_\_ Other

Clearance:

- A. Cleared
- B. Cleared after completing evaluation/ rehabilitation for: \_\_\_\_\_
- C. Not cleared for : \_\_\_\_\_ Collision  
\_\_\_\_\_ Contact  
\_\_\_\_\_ Non-contact \_\_\_\_\_ Strenuous  
\_\_\_\_\_ Moderately Strenuous \_\_\_\_\_ Non-strenuous

Due to: \_\_\_\_\_

Recommendation(s): \_\_\_\_\_  
\_\_\_\_\_

I certify that I have examined the above student athlete and that such examination revealed (\_\_\_\_conditions \_\_\_\_\_no conditions) that would prevent this student from participation in interscholastic sports.

Are you licensed to practice medicine in the United States? \_\_\_\_\_ Yes \_\_\_\_\_ No

Print Name \_\_\_\_\_  
Signature \_\_\_\_\_ Phone Number ( ) \_\_\_\_\_  
Address \_\_\_\_\_ Date \_\_\_\_\_

If student-athlete is not qualified, list reasons for disqualification: \_\_\_\_\_

(If following are considered disqualifying until medical and parental releases are obtained: acute infections, obvious growth retardation, diabetes, jaundice, severe visual or auditory impairment, pulmonary insufficiency, organic heart disease or hypertension, enlarged liver or spleen, hernia, musculoskeletal deformity associated with functional loss, history of convulsions or concussions, absence of one kidney, eye, testicle, or ovary, etc.)

2005-2006

**Missouri Valley College  
Insurance Notification**

The purpose of this form is to inform you of the health insurance policy that went into effect at Missouri Valley College in the Fall of 1996. Please read this entire letter carefully, sign it, and date it at the bottom. It is important that this letter be signed and dated by the Parent/Guardian/Participant of the student-athlete. You(r) son/daughter will not be eligible to participate in athletics at MVC until this document is completed and handed in. If you have any questions, please call:

Tom Fifer- Director of Athletics                      660.831.4219  
Matthew C. Rowlett- Head Athletic Trainer            660.831.4195

**Health Insurance Coverage Agreement**

As the parent/ legal guardian/participant of \_\_\_\_\_, I understand that Missouri Valley College does not carry health insurance for their student-athletes. Therefore, I realize that **ALL** medical bills incurred as a result of my son/daughter participating in athletics at MVC are my responsibility.

I realize that it is mandatory for my son/daughter to be adequately covered by health insurance while participating in athletics at MVC. This health insurance policy that I have chosen, covers my son/daughter for accidents that occur from sports participation (broken bones, torn ligaments, dislocation, etc....). If I cancel or have my medical insurance discontinued for any reason, either voluntarily or involuntarily, I realize that all medical bills that may accumulate are still my responsibility and not the responsibility of MVC or its employees.

It is the responsibility of the Parent/Guardian/Participant to determine if the insurance the student-athlete is currently covered under **is** adequate for athletic participation **and** will cover the student-athlete in the state of Missouri at Missouri Valley College. Should the insurance not cover athletics or in the state of Missouri all medical bills will be the responsibility of the parent/guardian/participant.

**The student-athlete must be covered during all participation of any type of sport/team related activity throughout the school year.** This includes all pre-season, in-season, post-season and off-season activities that take place during the school year and season of the sport. If the student-athlete is not covered during any of this time, they will not be allowed to participate. Any injury incurred will not be the responsibility of Missouri Valley College. It is the recommendation by the MVC Athletic Training staff that the student-athlete be covered for all 9-10 months while at school.

I have read the above agreement and understand its contents.

Print Student-Athlete's Name \_\_\_\_\_  
Signature of Student-Athlete \_\_\_\_\_  
Sport of Student-Athlete \_\_\_\_\_

Print Parent/ Legal Guardian's Name \_\_\_\_\_  
\*Signature of Parent/ Legal Guardian \_\_\_\_\_  
\*Date Signed \_\_\_\_\_

2005-2006

**Missouri Valley College  
Athletic Department  
Health Insurance Information**

Missouri Valley College does not carry health insurance for any of its athletes. As a result, it is MANDATORY that all athletes carry insurance while participating in athletics at MVC. **NO ATHLETE WILL BE PERMITTED TO PARTICIPATE WITHOUT PROOF OF HEALTH INSURANCE COVERAGE!**

If your son/daughter is not currently covered by a health insurance policy, there are short-term health insurance policies available from insurance companies that will cover the student athlete during the school year. You are free to choose ANY health insurance company to adequately cover your child.

- REQUIRED:**
- 1) Complete the following form, DO NOT leave any lines blank.  
Incomplete or incorrect information will result in your son/ daughter being ineligible to participate until all the information has been complete.
  - 2) Attach a copy of the front and back of the health insurance card the student-athlete is covered under.

If you have any questions, please contact the Head Athletic Trainer. This information is vital in case of an emergency or injury and could delay the treatment if filled out incorrectly. Please take time to fill out these and all forms completely and correctly.

1. Son/ Daughter's Name \_\_\_\_\_
2. Policy Holder's Name \_\_\_\_\_
3. Policy Holder's Social Security Number \_\_\_\_\_
4. Name of Health Insurance \_\_\_\_\_
5. Address of Health Insurance Co. \_\_\_\_\_  
\_\_\_\_\_
6. Phone Number of Health Insurance Co. \_\_\_\_\_
7. Policy or ID# \_\_\_\_\_
8. Group or Certification # \_\_\_\_\_
9. Is this insurance company an: (Please Circle One)                      HMO                      PPO
10. If an HMO, please list Primary Care Physician's name and phone number \_\_\_\_\_  
\_\_\_\_\_
11. Emergency Contact Name and Number \_\_\_\_\_  
\_\_\_\_\_



2005-2006

**Missouri Valley College  
Permission to Provide Medical Treatment**

I, \_\_\_\_\_, hereby give my permission to undergo medical treatment for any injury or illness that may be sustained or acquired by me while engaged in intercollegiate athletics at Missouri Valley College or at any College or University in which Missouri Valley College will compete against, by Medical Personnel that is a representative at the College or University. I understand that the medical personnel will perform only those procedures that are within their training, credentials, and scope of professional practice to prevent, care for, and rehabilitate athletic injuries. In the event that more serious medical procedures are required, such as surgery, I understand that every attempt will be made to contact my parent(s)/ guardian(s) for consent (if minor). I understand that if I suffer a potentially life-threatening injury or illness, and in the event that my parent(s)/ guardian(s) can not be reached within a reasonable period of time, that I authorize any duly licensed medical practitioner to perform such procedures as may be medically necessary to alleviate the problem.

I have had time to ask questions regarding this release and all of my questions have been answered to my satisfaction. Having understood the above agreement, I freely sign this Permission to Provide Medical Treatment Agreement.

Student-Athlete Print Name \_\_\_\_\_

Student-Athlete Sign Name \_\_\_\_\_

Date \_\_\_\_\_

2005-2006

**Missouri Valley College  
Permission to Share Medical Information**

I, \_\_\_\_\_, do allow the Missouri Valley College Athletic Training Staff to discuss my Protected Health Information with my coaching staff and others when necessary, (see below). I understand that this information may be pertinent to the decision of participating that day during practice or competition.

The following is the type of information that may need to be discussed:

- Injuries
- Illnesses
- Rehabilitations
- Progress notes
- Past medical information that may affect participation status
- X-rays
- Test results

The following are the people this information may need to be discussed with:

- Coaches of the sport(s) I participate in
- Other athletic training staff members
- Students of the athletic training education program (all have signed confidentiality agreements)
- Team physicians
- Campus nurse
- Personal physician
- Athletic Director
- Professional teams – only after a waiver has been signed for that particular request
- Parents/Guardian and/or spouse
- HAAC/NAIA – in regards to eligibility status

I understand that by not signing this release, I will not be denied treatment for injuries, however it may affect my participation status for the coaching staff. Should I choose to revoke the permission to share medical information I must do so in writing. This authorization will expire one academic year from the date it is signed.

Student-Athlete Print Name \_\_\_\_\_

Student-Athlete Signature \_\_\_\_\_

Date \_\_\_\_\_

\* This information will be handled in strict accordance with the Family Educational Rights and Privacy Acts of 1974 (FERPA) and the Health Insurance Portability and Accountability Act of 1996 (HIPPA). The student-athlete will be granted a copy of this form upon release of medical information, or upon request at any time.

2005-2006

**Missouri Valley College  
Assumption of Risk/Release of Liability**

All blanks must be filled in – Sign and date at the bottom!!

I, \_\_\_\_\_, hereby acknowledge that I have voluntarily applied to participate in the college \_\_\_\_\_ program at Missouri Valley College (MVC).

I am aware that \_\_\_\_\_ can be a hazardous activity, and I am voluntarily participating in this activity with the knowledge of the dangers involved and hereby accept any and all risks of injury or even death.

As lawful consideration for being permitted by MVC to participate in this activity and use its facilities, I hereby agree that I, my heirs, distributes, guardians, legal representatives, and assigns will not make claim against, sue, attach the property of, or prosecute, MVC, any of its affiliated organizations, owners, officers, employees, agents, servants, or contractors as a result of my participation in this activity.

I hereby release MVC, its affiliated organizations, owners, officers, employees, agents, servants, or contractors from all of its action, claims, or demands, I, my heirs, distributes, guardians, legal representatives, or assigns now have or may hereafter have for injury or damage resulting from my participation in \_\_\_\_\_.

I realize the possibility that I may die, become paralyzed, or suffer brain damage or other serious injuries as a result of my participation in \_\_\_\_\_. I realize neither the protective equipment, the safety rules, the coaching instruction, nor the sports medicine care I am provided will guarantee my safety or prevent all possible injuries. It is the intention of the undersigned to exempt and relieve MVC and associated parties from liability for personal injury, property damage, and wrongful death.

Furthermore, I attest that I am physically fit and have sufficiently trained for \_\_\_\_\_. I do not have any medical history or conditions that may exclude me from participation in \_\_\_\_\_.

\*\* I have carefully read this agreement and understand its contents. I am aware that this release of liability is a contrast between myself and MVC and its affiliates. I sign of my own free will.

Student-Athlete Print Name \_\_\_\_\_

Student-Athlete Sign Name \_\_\_\_\_

Date \_\_\_\_\_

2005-2006

**Missouri Valley College Athletic Department  
Buckley Amendment Consent**

By signing this form, you certify that you agree to disclose your educational records.

You understand that this entire form and the results of any Missouri Valley College drug test you may take are part of your educational records. These records are protected by the Family Educational Rights and Privacy Act of 1974, and they may not be disclosed without your consent.

You give your consent to disclose only to authorize representatives of this institution, its athletic conference and the NAIA, the following documents.

- This form
- Results of MVC drug tests
- Any transcripts from your high school, this institution, or any junior college or any other four year institutions you have attended.
- Pre-college test scores and appropriately related information and correspondence (ex. testing sites and dates, letters of test score certification or appeal)
- Records concerning your financial aid
- Any other papers or information obtained by this institution pertaining to your NAIA eligibility.

You agree to disclose these records only to determine your eligibility for intercollegiate athletics, your recruitment by this institution, your eligibility for related financial aid and the Drug Free Schools Act.

Student-Athlete Print Name \_\_\_\_\_

Student-Athlete Sign Name \_\_\_\_\_

Date \_\_\_\_\_

**Missouri Valley College  
Drug Testing Consent Form**

By signing this form, you certify that you agree to be tested for drugs at any time, for any reason during the academic school year.

You agree to allow Missouri Valley College (MVC) to test you for the banned drugs that are listed in the MVC Banned Drug List. This means that you agree to allow MVC to test on a year round bases for the banned drugs appearing on the MVC Banned Drug List, this list is in the student-athlete handbook and at the end of this packet. Additionally, you also agree to be tested for anabolic steroids, elevated levels of HGH, diuretics, urine manipulators, and any drug masking agent.

You understand that if you test positive, you will be responsible for the payment of the drug testing fee. If you test negative, the institution/team/sport will assume the cost of the fees.

You understand that if you test positive, you will be notified by the head athletic trainer, as well as an immediate suspension from participation in all athletics at MVC for a minimum of two weeks will notify you. You will be required to meet with the head athletic trainer and athletic director for further counseling. You understand that if you test positive you may be drug tested on a random basis for a period of one year. You understand that the head athletic trainer will maintain copies of your drug testing results. You understand that each individual coach may have higher standards for a positive drug test, and that a positive test will result in an application of those standards.

You understand that if you test positive a second time, you and your parent(s)/guardian(s) will be notified by the head athletic trainer. You will once again be responsible for the drug testing fee. In addition, the athletic director will contact the Campus Life Office and the Financial Aid Office regarding your drug test results. You understand that you will be suspended from participating in MVC athletics for a full academic year.

You understand that this consent and results of your drug test, if any, will only be disclosed in accordance with the provisions of the Buckley Amendment Consent.

You agree to disclose your drug testing results only for the purpose related to your eligibility, the federal government financial aid guidelines, and Drug Free Schools Act.

I have read the above MVC Drug Testing Consent Form and agree to abide by the MVC Substance Abuse Policy.

Student-Athlete Print Name \_\_\_\_\_

Student-Athlete Sign Name \_\_\_\_\_

Date \_\_\_\_\_